

## ABSTRACT

The present invention is directed to support members for assemblies of conductors, conduits, or other means of conveying energy, gases, or liquids. The invention has a series of non-interlocking solids disposed along the length of a flexible base material. The non-  
5 interlocking solids have motion-limiting portions that contact similar portions on adjacent solids to restrict the movement of the support member in one direction, while permitting the support member to curve or bend in an opposite direction. The invention is also directed to assemblies incorporating the support members.